

# **ABOUT US**

This section should really be called "About You". Our services aren't focused on us because we focus on your goals and your needs. We want to know what is important to you. After all, we are working to help you improve your quality of life. At Brighter Future Health we understand that you want to be treated with respect and dignity. You have a choice of providers, meaning you can choose any mental health provider you wish. So why choose us? Because we work together as a team to provide the best therapeutic and community based support you can find.

Brighter Future Health is built on the premise that our clients are people. Too many times we have seen others treat clients as if they were specimens to be examined and prodded. Their clients are not treated with the respect that all people deserve. We don't work that way — we understand your need to be treated like an individual and given the respect and deference you need as we work together.

At Brighter Future Health, our providers focus on you and your needs and assist you in creating goals that lead you on the path to a BRIGHTER FUTURE.

# TWO CONVENIENT LOCATIONS TO SERVE YOU

# BOISE

9196 W. EMERALD ST., SUITE 130 BOISE, ID 83704 208.323.4400

NAMPA 316 12TH AVE. ROAD

NAMPA, ID 83686 208.461.1300

FAX 208.343.0787

REFERRALS@BRIGHTERFUTUREHEALTH.COM



W W W . BRIGHTERFUTUREHEALTH.COM





Family Support Partner



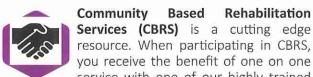
Counseling Services



Refugee Services



#### **CBRS SPECIALISTS (FORMERLY PSR)**



service with one of our highly trained providers. Unlike therapy, CBRS allows providers to enter your home and go into the community with you in order to help you feel comfortable with your surroundings and deal with the stressors you experience. When you feel overwhelmed by your stressors, or simply need assistance in dealing with the situations that arise in life, your CBRS provider will be there to assist you. If you also participate in therapy, CBRS acts to help you take what you have learned from your therapist and apply it at home and in the community.

### **REFUGEE SERVICES**

Brighter Future Health has extensive experience in working with the refugee population. We have interpreters that speak many different languages with whom we work side by side when

serving our clients. All of our providers receive extensive training on customs and traditions as we help refugee families adapt to their new homes.

#### PEER SUPPORT SPECIALISTS



**Peer Support Specialists (PSS)** support recovery using their own life experiences in managing a mental illness. PSS build a working relationship and promote confidence, reassurance, and hope

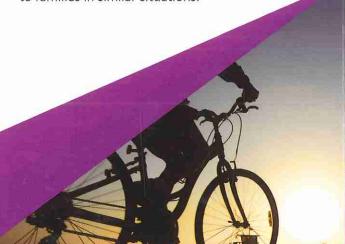
that recovery is possible. All of this is successfully done by having clients work with peers within our program. All PSS are certified and receive guidance from our therapists. Our PSS look forward to helping clients on a recovery to a Brighter Future.

#### **CERTIFIED FAMILY SUPPORT PARTNER**



**Certified Family Support Partner (CFSP)** offers direct caregiver support from someone who has real life experience raising a child with mental health needs. They are specially trained

to support families in navigating the path as they face the challenges associated with a child's mental health and their road to recovery. Every member in the family is affected when a child has these needs, but this is especially true for parents/guardians raising those children. The partnership between the family and a CFSP is different from other mental health professionals in that they offer natural support in the home, knowledge, and hope to families in similar situations.



#### **COUNSELING SERVICES**



Our therapists focus on your needs by taking time to understand what is important to you. We understand that one size does not fit all when it comes to the emotional stress of life. We strive to

understand you and go to great lengths to tailor your therapy to your needs. Our goal is to provide a stress free environment where you can be comfortable both physically and mentally while you are talking with one of our therapists. We do everything possible to help you find your road to success.

## **CASE MANAGEMENT**



We understand the difficulties that arise when you are dealing with your mental health diagnosis. It can be very difficult to properly care for your mental health when you are having difficulties

with income, housing, medical care or other issues with your basic needs. Case management gives you the benefit of having someone there to assist you with those needs so you don't have to worry about them constantly. As you begin to be assured that your basic needs are being met, you may then focus on finding your path to happiness in life.